

2 March 2018

Information Sheet for Xinathon 2018

Dear parent/guardian

The school will be organising Xinathon, a biennial Cross-Country event, with the details as follows:

Date: Friday, 9 March 2018

Reporting Time: 7.30 am

Venue: Seng Kang Hockey Pitch 1

Address: 57 Anchorvale Road, Singapore 544964

Please also take note of the following points:

1. Attendance for the event is compulsory as it is a normal school day. Students are still required to report to the venue in the event of wet weather.
2. The event will be rescheduled if wet weather and lightning risks persist till 10am. Parents will be notified via SMS by 10:45am with regard to the cancellation of event and dismissal of students.
3. Students who are absent must produce a medical certificate. Parents' letters will not be accepted.
4. Students are to be in PE T-shirt and XMS shorts. They are allowed to wear their own running shoes.
5. Students are encouraged to apply/wear sun protection items, eg: sunblock (SPF >50), sunglasses, cap etc. Kindly advise your child to bring an umbrella/raincoat in case of rain.
6. Students are encouraged to bring their own water bottle, a towel and an extra set of clothes.
7. Students are advised not to bring any expensive items and minimum cash. They will be responsible for their own personal belongings throughout the event.
8. Students should hydrate and have at least 7 hours of rest the night before.
9. Students should consume breakfast and at least 400-500ml of water before the event.
10. The event is expected to be completed by 12pm.
11. Students can take the following public transportation to the event venue:
Bus: 50, 85 & 372
LRT: Farmway LRT Station
12. Students have to make their own two-way transport arrangements to and from the park.
13. All students will be running/walking a distance of 3.6km. Prizes will be awarded to the top 15 winners of each level (by gender)

Please refer overleaf for the route map and programme details.

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[Turn Over]

The Route (Total Distance: 3.6 km)



Programme:

- 07:30am: Assemble at Seng Kang Hockey Pitch 1
- 07:40am: Attendance taking
- 07:50am: Race & Safety briefing
- 08:10am: Start of Sec 1 Race
- 08:20am: Start of Sec 2 Race
- 08:30am: Start of Sec 3 Race
- 08:40am: Start of Sec 4/5 Race
- 11:00am: Prize Presentation
- 11.30am: Attendance Taking
- 12:00pm: Dismissal

Yours sincerely,

Jeremy Tan (Mr)
Assistant Year Head and Xinathon Teacher I/C
Xinmin Secondary School