

CCA Practice Schedules		Mon	Tues	Wed	Thur	Fri	Sat	Remarks
<b>Sports &amp; Games</b>								
1	Volleyball (Sec 1 Boys)	3.00 to 5.00pm		3.00 to 5.00pm		1.30 to 3.30pm		*Time at which training starts is dependent upon the end time of the last lesson. *Training on either Fri or Sat is dependent upon the availability of the coach.
	Volleyball (C Boys)	3.00 to 6.00pm		3.00 to 6.00pm		3.00 to 6.00pm		
	Volleyball (B Boys)	3.30 to 6.30pm		3.30 to 6.30pm		*1.30 to 4.30pm	*8.00 to 11.00am or *11.00 to 2.00pm	
2	Volleyball (Sec 1 Girls)	3.00 to 5.00pm			3.00 to 5.00pm	2.00 to 4.00pm		
	Volleyball (C Girls)	3.00 to 6.00pm			3.00 to 6.00pm	1.30 to 4.30pm		
	Volleyball (B Girls)		3.45 to 6.45pm		3.45 to 6.45pm	*4.00 to 7.00pm	*8.00 to 11.00am	
3	Badminton (Girls) Sem 1: Sec 1 & 2 Sem 2: Sec 1	3.00 to 6.00pm		3.00 to 6.00pm		3.00 to 6.00pm		*Time at which training starts is dependent upon the end time of the last lesson.
	Badminton (Girls) Sem 1: Sec 3, 4 & 5 Sem 2: Sec 2 & 3		3.00 to 6.00pm		3.00 to 6.00pm		9.00am to 12.00pm	
4	Shooting (C Div)	3.30 to 6.00pm		3.30 to 6.00pm		1.30 to 4.00pm (C Girls) 3.30 to 6pm (C Boys)		*Non-school team members train only on Fridays.
	Shooting (B Div)		3.30 to 6pm		3.30 to 6pm	1.30 to 4.00pm (B Girls) 3.30 to 6pm (B Boys)		
5	Rockclimbing			3.30 to 7.00pm		3.30 to 7.00pm		CCA might sometimes be conducted at various climbing centres outside school.
6	Squash (2nd CCA)		4.00 to 6.00pm		4.00 to 6.00pm			CCA is conducted at Yio Chu Kang Squash Centre.

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<b>Performing Arts</b>								
1	Choir			3.30 to 6pm		3.30 to 6pm		Full Choir with instructor *Extra sectionals will be conducted prior to competitions and performances.
2	Guzheng	2 to 6.30pm		2 to 6.30pm	*2 to 6.30pm	*2 to 6.30pm		Full Guzheng Ensemble with Instructor *Extra practices that are conducted prior to competitions and performances.
3	Band (Main Band: Sec 2 to 5)			2.30 to 6.30pm	2 to 5pm (Self-practice)	2 to 6pm (Sectionals)	8.30am to 12.30pm	Full Band with Instructor on Wed and Sat.
	Junior Band (Sec 1)				2 to 5pm (Self-practice)	2 to 6pm (Sectionals)		Junior Band with Instrutor on Fri.
4	English Drama	3.30 to 6.30pm			3.30 to 6.30pm			Mon & Thurs with Instructor *Extra sessions will be conducted prior to competitions and performances. To change to Mon & Wed when CAC is ready. To work towards changing to Wed and Fri for 2016.
5	Chinese Dance	3.30 to 7.00pm			3.30 to 7.00pm	*2 to 5.30pm		Mon & Thurs with Instructor *Extra practices will be conducted prior to competitions and performances.
6	CLDDS (2nd CCA)		3.30 to 5.30pm				*1.30 to 3.30pm	*Sat practices are conducted prior to competitions and performances.
7	MLDDS (2nd CCA)		4.30 to 6.30pm		*3.30 to 5.30pm			Tues - Main training session *Thurs - Extra session prior to competitions
<b>Uniformed Groups</b>								
1	BB			3 to 6pm			7.30am to 1pm	Activities (usually organised by UG HQ) may occur on other days, including weekends, not stated in this schedule.
2	GB			3.30 to 5.00pm			9am to 1pm	
3	NCC			3.00 to 6pm		3.00 to 6pm		
4	NPCC			3.30 to 5.30pm			8.00am to 1pm	
5	SJAB			3.30 to 6.30pm		2.30 to 6.30pm		

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<b>Clubs &amp; Societies</b>								
1	Media			3 to 6pm		2.30 to 5.30pm		Exclusive of Media Duties
2	ODAC			3.30 to 6.30pm		3.30 to 6.30pm		
3	Library					2 to 5.30pm		Students are also expected to do one counter duty per week on a separate weekday.
4	Art Club			3 to 5.30pm				
5	Debate			3.30 to 6.00pm		2.30 to 5.00pm		
6	Science Club (2nd CCA)		3 to 6pm					
7	SYFC (2nd CCA)						8.30am to 12.30pm	

**Note to parents:**

1) We seek your kind understanding on the following matters:

a) CCA practice schedules are subject to changes, dependent on reasons such as dates of competition/performances, period/season of competition, availability of coaches & instructors, events planned by UG HQ/external organisations etc.  
 As far as possible, the CCAs will adhere to the planned schedules stated above. CCA teachers will keep parents informed of the latest changes. To get the latest information, please speak to the relevant CCA teachers.

b) Please plan for your child's tuition or other enrichment activities on their non-CCA days. Should clashes be unavoidable, please speak to the respective CCA teacher in charge who also wants the best for your child.